Telehealth

APPOINTMENT CHECKLIST

☐ **Find out** if insurance covers appointment costs

☐ **Verify how** appointment will be conducted (a patient portal, link in an email or text message)

☐ **Complete** required paperwork before appointment

☐ **Make sure** your device is charged or plugged in

☐ **Test microphone** on your device (computer, phone or tablet) before call

☐ **Make a list** of questions for doctor

☐ **Have a paper and pen** to take notes; or ask to record the session

☐ **Confirm details** for follow-up appointments, if necessary

☐ **Verify prescription** details and pick-up, if applicable