



# Telehealth

## APPOINTMENT CHECKLIST

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- Find out** if insurance covers appointment costs
- Verify how** appointment will be conducted (a patient portal, link in an email or text message)
- Complete** required paperwork before appointment
- Make sure** your device is charged or plugged in
- Test microphone** on your device (computer, phone or tablet) before call
- Make a list** of questions for doctor
- Have a paper and pen** to take notes; or ask to record the session
- Confirm details** for follow-up appointments, if necessary
- Verify prescription** details and pick-up, if applicable