

If You Find a Lump or Change in Your Breast

If you feel a lump in your breast, try not to panic or worry. Breast lumps are very common, especially in women who still have periods. Most lumps go away by the end of your period. Most lumps are not breast cancer, but something less serious, such as a benign breast condition. Don't ignore any change in your breast though. If you notice any change, see a doctor.

Q: What causes breast lumps or changes?

A:

Q: Do I need a mammogram or other tests, such as a breast ultrasound or breast MRI (Magnetic Resonance Imaging)?

A:

Q: When will I get the results?

A:

Q: What do I need to do if the results are not clear?

A:

Q: Can fluid be removed from this lump? If so, who will perform the test?

A:

Q: Will I need a biopsy (tissue is examined under a microscope)?

A:

Q: If more tests and/or treatment are needed, will you refer me to a doctor who specializes in breast problems?

A:

Q: What follow-up care will I need? When do I need to see you again?

A:



For more information on breast health or breast cancer, please call our breast care helpline (1-877-465-6636) or visit our website. Susan G. Komen does not provide medical advice.

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