



## Mammography

A mammogram is an X-ray of the breast. It is the best screening tool widely used today to detect breast cancer early — when chances for survival are greatest. Susan G. Komen® recommends having a mammogram every year starting at age 40 if you are at average risk. Ask your doctor which screening tests are right for you if you are at higher risk.

Answers to these questions will help you understand mammography

---

**Q:** What should I do before I get my mammogram (i.e., wear a two-piece outfit, avoid applying any creams or deodorants before, etc.)?

**A:**

---

**Q:** Do I have dense breasts? If so, should I have a mammogram or another test?

**A:**

---

**Q:** How are digital and film mammography different? Which should I have?

**A:**

---

**Q:** What can you see on a mammogram?

**A:**

**Q: Who will get my results? Can they be sent to other doctors?**

**A:**

---

**Q: When should I get my results? Who will send them to me? If I have questions, who should I ask?**

**A:**

---

**Q: If my mammogram is not normal, what happens next?**

**A:**

---

**Q: Will my insurance cover the mammogram? What about Medicare? Will I have to pay anything?**

**A:**

---

**Q: What happens if I go to a different mammography center or move? How can I get a copy of my past films to take with me?**

**A:**

---

**Q: Can a mammogram cause breast cancer?**

**A:**



For more information on breast health or breast cancer, please call our breast care helpline (1-877-465-6636) or visit our website. Susan G. Komen does not provide medical advice.

**[www.komen.org](http://www.komen.org) 1-877 GO KOMEN**