

TRUE/FALSE

Breast Health Session

Activity

You can print these off and fold each of them in half to use as we did in the training class you attended. Once folded the answer will only be seen on the back of the card. This is a great ice breaker activity!

FALSE: Anyone can get breast cancer.

TRUE or FALSE

Statement 1

Only some women are at risk of getting breast cancer, like those with a family history of breast cancer.

FALSE

TRUE or FALSE

Statement 2

Plastic water bottles cause breast cancer.

FALSE

TRUE or FALSE

Statement 3

**Wearing deodorant puts me at a
higher risk of breast cancer.**

TRUE

TRUE or FALSE

Statement 4

Finding breast cancer early gives you more treatment options and increases your chances for survival.

TRUE

TRUE or FALSE

Statement 5

If a woman's mother, sister or daughter has had breast cancer, then she has an increased risk of breast cancer.

TRUE

TRUE or FALSE

Statement 6

Getting a mammogram puts me
at a higher risk of getting breast
cancer.

FALSE

TRUE or FALSE

Statement 7

Wearing an underwire bra
increases my chances of getting
breast cancer.

FALSE

TRUE or FALSE

Statement 8

I have not had any children so I cannot get breast cancer.

FALSE

TRUE or FALSE

Statement 9

I am too old to worry about
getting breast cancer.

TRUE

TRUE or FALSE

Statement 10

Physical activity may lower my
risk of breast cancer.